



Are you a Family Carer?

Are you caring for a loved one or family friend?

Come along for a morning of fun and relaxation at our **Creative Carers Art Morning.**



In the first session we will create collages using decorative papers and magazine cuttings. No previous art experience is necessary, all levels welcome. All materials are supplied. Just bring yourself and an apron.

Where and When?

Mizen room, Maritime Hotel, Bantry: **Thursday 30th May, 11am - 1pm**

Book Your Place:

The session is free but booking is essential. To book your place or for further information, please contact Catherina Lane on 087 9103036.

This workshop is facilitated by Arts for Health artist Sharon Dipity. It is hosted by the Creative Carers Programme as part of Arts for Health at Uillinn West Cork Arts Centre and The Family Carers and Older Persons Initiative.

