



# Public Participation Network Cork County

## E - Bulletin Newsletter 04/10/2024

Dear PPN Member,

Welcome to our E-Bulletin!

Our E-Bulletin is designed to keep you up to date with Cork County Public Participation News and to keep you connected to other communities, events, training, and information.

Whilst Cork County Public Participation Network has nearly 600 member groups, it has the potential to reach so many more - so forward this email to your committee members and volunteers!

I hope you find this helpful. Get in touch if there is anything you would like to include in future editions, we may even make you our next Group of the Week !

Watch a short video animation about Cork County PPN - Click the following [link](#).

Check Out our Website [Link](#)

And be sure to engage with us on the socials!

Facebook – [Cork County PPN](#)

Instagram – [@corkcountypn](#)

Happy Friday,

Morrin & Noelle



## Public Participation Network Cork County

# Emmm ... Who are Morrin & Noelle anyway?

**Resource Worker** Morrin Drislane joined the PPN as the resource worker in July 2022.

After an extended period of leave, Morrin returned to Cork County PPN in April 2024.

**Support Worker** Noelle Nally joined the PPN as the new support & development worker in August 2024.

### Read a bit about the girls:

**Noelle:** Hi everyone! I'm Noelle Nally. I'm a soon to be 30-year-old daughter of two! I live in Ringaskiddy with my wonderful husband, and our two little Terrier Crosses. A dedicated community advocate with a passion for grassroots activism and social justice, I am committed to assisting and supporting PPN groups in making a positive impact on the community. With years of experience in lobbying and campaigning, I have a proven track record of driving change through organizations like [Uplift](#).

I hold a Business Studies Degree from Griffith College Cork and a Post-graduate certificate in Leadership and Change from Chevron College. Prior to joining Cork County Council and the Cork County Public Participation Network, I worked in recruitment for HSE Cork Kerry Community Healthcare. I hope my strong interpersonal skills, administrative experience, and unwavering commitment to the community will make me a valuable asset to the PPN.

Outside of my professional endeavours, you'll find me exploring the outdoors with the aforementioned Terriers, and indulging in my love for fantasy novels and cinema.





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**Morrin:** Hello everyone, Morrin here! A little bit about me, well where do I start? I live in West Cork and have two wonderful children; Freddie is 8 and Jodie is 22 (makes me feel very old writing that!) I graduated in 2010 from UCC with an Hons Degree in Youth and Community Work.

I have had a varied career, from caring for Teenagers living in residential care units, I was the manager of an Older Persons Service which included Meals on Wheels and a Social Centre. I worked as a tutor with the VEC (now called the ETB) in numerous projects across the county, including West Cork Travels Center, Youth Reach and National Learning Network. I worked in Dunmanway Family Resource Center Centre as a Community Development Worker and a Strengthening Families Facilitator. I spent nearly 10 years with CoAction, working in many different lead roles in residential service for children, and then adults. I finished up there as a Leader of a Day Care Centre.

I have dedicated my whole career to supporting children, adults, families, and communities to grow and be the best they be. The diversity of people and communities fascinates me, and I really love learning about people and their lives.

Growing up as part of a very marginalized community myself gave me a real passion for reaching out, building links, hearing, and understanding, and strengthening those hardest to reach groups and individuals.





# Public Participation Network Cork County

Get Involved! Final week for nominations!!

The deadline to submit your nomination for the SPC elections in 11 October 2024 - [Cork County PPN Nominations - Cork County PPN](#)



Public Participation  
Network Cork County



Cork  
County Council  
Comhairle Contae Chorcaí

**DO YOU WANT TO MAKE A DIFFERENCE IN  
CORK COUNTY ?**

**SOCIAL POLICY COMMITTEE POSITIONS  
AVAILABLE FOR 2024 - 2029**

- **ARE YOU A MEMBER OF A COMMUNITY GROUP ?**
- **IS YOUR GROUP REGISTERED WITH THE CORK COUNTY PPN ?\***
- **ARE YOU INTERESTED IN TAKING A SEAT ON A STRATEGIC POLICY COMMITTEE (SPC) ?**

**Seats available on the following SPCs :**

- **Planning & Strategic Development**
- **Environment, Climate Action & Biodiversity**
- **Economic Development & Enterprise**
- **Tourism**
- **Housing**
- **Roads & Transportation**
- **Social Inclusion, Community & Rural Development**
- **Arts, Culture & Languages**
- **Coastal, Marine & Flood Policy**

**What is an SPC ?  
Strategic Policy Committees (SPCs) are local authority committees that:**

1. Include elected councillors, representatives of business, farming interests, environmental/conservation groups, trade unions, and community and voluntary members.
2. Bring together elected members and people actively working with social, economic, cultural, and environmental bodies.
3. Develop and review policies related to council services to prepare the groundwork for policies which are then decided on by the Local Authority

- To be in with a chance of being elected to one of these seats, your group must nominate you, and fill out the Application Form online, or alternatively we can post you a paper copy on request.
- Member Groups can only nominate one candidate.
- **\*NOTE :** You must bear in mind Cork County Council's objective of achieving a gender balance, as well as the need to foster social inclusiveness and equality.
- Please note that further terms and conditions do apply.
- \*Your group must be a registered with the PPN for over 6 months

**For more information, email :**

✉ [ppn@corkcoco.ie](mailto:ppn@corkcoco.ie) , or call 021 428 5340 or 086 059 7563

**To submit your online application visit:**

🌐 <https://corkcountypn.ie>





# Public Participation Network Cork County

Come along!



Public Participation  
Network Cork County

**Cork County Public Participation Network  
would like to support you to have your say at  
our next County Plenary**

.....  
**24 October 2024**

.....  
**Online Only - 7pm**

All Community and Voluntary, Environment and Social Inclusion groups are invited to attend our upcoming Plenary where you will hear updates from your PPN staff on activities, SPC elections, upcoming training opportunities, funding and more!

Please join us and tell your PPN Group Members to come along too!

**PPN Members Only!**

[Register Your Interest Here !](#)



## Public Participation Network Cork County

### *#fundingfriday*

#### The Disability Participation and Awareness Fund 3.0

Closing Date - 08/11/2024

## RETHINK IRELAND

Rethink Ireland is partnering with the Department of Children, Equality, Disability, Integration and Youth (DCEDIY) to deliver and manage a €3,500,000 Disability Participation and Awareness 3.0, an eight month fund, to support up to 18 innovative projects and organisations which work to enhance the lives of people with disabilities.

The eight-month Disability Participation and Awareness Fund 3.0 is now open for applications from change-making non-profit organisations focused on supporting people with disabilities, with a key focus on neurodiverse people to participate fully and equally in all aspects of life. This includes social, cultural, arts and sports participation, as well as dismantling barriers, promoting understanding and competence, and leveraging innovative strategies to address the evolving needs of the disability community.

The goals of the Disability Participation and Awareness Fund 3.0 are to support innovative projects or organisations across Ireland to:

1. Enhance community, social, cultural, arts and physical participation of people with disabilities in all aspects of community life
2. Promote disability understanding and competence and awareness of disability issues and matters in the community
3. Support and empower neurodiverse people at community level
4. Build the organisational capacity of impactful service providers in Ireland to expand their services and to support more people with disabilities
5. To increase awareness of disability issues and matters in the community



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The Fund offers a package of cash grants from €50,000 up to €200,000, and non-financial supports for up to 18 projects, to help them expand and increase their social impact.

This includes:

- Up to 18 awards ranging from €50,000 up to €200,000\* each
- The non-financial supports will include:
  - a place on Rethink Ireland's Accelerator Programme
  - bespoke business and capacity building supports designed in consultation with the successful projects on topics such as strategic planning, maximising your impact, communications, storytelling and fundraising
- Access to Rethink Ireland's networks

\* The Rethink Ireland Board will decide how much money to award, which may be less than the amount requested. The final amount of the award will depend on how many organisations are selected.

*You can apply to The Disability Participation and Awareness Fund 3.0 via the online [portal](#) from 30th September to 8th November 2024.*

[The Disability Participation and Awareness Fund 3.0 - Rethink Ireland](#)



## Public Participation Network Cork County

# *#fundingfriday*

## Go Fishing Fund



Inland Fisheries Ireland is offering €250,000 of funding to groups that help disadvantaged or disabled people. This scheme has been made possible by the Dormant Accounts Fund.

The aim of the funding is to introduce people to the recreational benefits of fishing and safety awareness in the outdoor environment. The scheme will also aid in advising eligible applicant organisations on the fragile ecosystems that support biodiversity, and the natural processes involved in healthy and sustainable habitats for fish.

Projects worth between €2,000 and €5,000 will be awarded funding through the Go Fishing Fund.

For more information visit our website at <https://www.fisheriesireland.ie/go-fishing-fund-2024>

The deadline for applying for funding is the 7<sup>th</sup> of November.





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***#fundingfriday***

## 2024/25 PARENT PEER SUPPORT FUND NOW OPEN FOR APPLICATIONS

**The Minister for Children, Equality, Disability, Integration and Youth, Roderic O’Gorman, has launched the 2024/25 Parent Peer Support Fund. The fund is open to organisations working with parents and/or children and young people to facilitate the development of parent peer support projects.**

A total of €75,000 was distributed among 37 organisations under the 2023/24 Parent Peer Support Fund. This funding facilitated delivery of parent peer support projects by organisations who provide a diverse range of services such as domestic violence, kinship care, breast-feeding, disability, and migrant supports.

This year, the total funding available has increased to €100,000 and a new tier of funding has been introduced for applicants.

- Tier 1 will provide grants of €2,000 to 37 successful applicants who either currently operate, or wish to establish a new parent peer support project.
- Tier 2 will provide grants of €5,000 to 5 successful applicants who wish to scale up an existing parent peer support project, which is already having a positive impact on parents.

### **How to apply**

Please find link to application forms for the €2,000 and €5,000 funding tiers, along with the funding Guidance and Terms and Conditions [here](#).

For enquiries please contact: [parentingsupport@equality.gov.ie](mailto:parentingsupport@equality.gov.ie).

Deadline: 29 Oct 2024.



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## ***Education Opportunity***

### **TRANSFORMATIVE LEADERSHIP – APPLICATIONS CLOSE 7 OCTOBER**

**The application deadline for the accredited Transformative Leadership programme has been extended to Monday, 7 October.**

#### **What Is Transformative Leadership?**

The Transformative Leadership applied practice programme will provide you with a level 8 accreditation by focusing on strengthening and deepening your capacity and ambition as a leader in the Irish community and voluntary sector. It will equip you with:

- An expanded model of leadership to bring back and apply in your organisation
- Key skills required to get the job done when working with change in a community and voluntary organisation
- An understanding of different styles of leadership and your own leadership and communications model
- Increased self and organisational awareness
- A transformative personal and reflective leadership journey attested to by hundreds of past participants over 10 years.

#### **What the programme covers**

The course consists of four core modules:

- Personal leadership model building
- Understanding and leading change
- Systems change – working creatively with complexity
- Building strategic alliances.

#### **What you will take away as a leader from this course**

After completing this course, you will:

- Understand the development of a personal leadership style and values;
- Have an increased capacity to find, ignite and develop leadership in others;
- Have greater communication competencies to transform individual and team relationships, organisations and whole systems;
- Learn innovative approaches and skill sets to lead change in a complex and turbulent environment;
- Develop a strong network of leaders within the sector.



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### **How do I apply?**

Click [here](#) to download your application and submit it **before midnight on Monday 7 October.**

If this sounds like something you and your organisation could benefit from, read more information about the programme and application process [here](#).



# Public Participation Network Cork County

## PPN News

### **PPNs Urge Politicians for Greater Support in Leinster House Presentation – September 2024**

Morrin joined a delegation of over 20 Public Participation Networks (PPNs) at Leinster House on 18 September 2024 for a pre-Budget submission.

The group gathered to highlight the critical resource challenges facing PPNs across Ireland.

During the hour-long session, the delegation briefed TDs, Senators, and government officials from across the political spectrum. They outlined the vital role that PPNs play in amplifying community voices and advocating for local interests. Politicians from all government parties, as well as opposition and independent representatives, were in attendance. This demonstrated a widespread interest in the resourcing challenges PPNs face.

The response from legislators was positive. Many TDs raised questions and expressed their support. Among them was Senator Micheál Carrigy, who stated: “It was an honour to host the Public Participation Networks at Leinster House. This meeting was an important step in ensuring PPNs have a strong and recognised voice in our national conversation. I fully support their call for increased funding in Budget 2025, which will enable them to continue their vital work advocating for and representing communities across Ireland. It’s crucial that we continue to strengthen their role in shaping policy and decision-making at the highest levels.”



The presentation marks a significant moment for PPNs as they advocate for a greater share of resources in Budget 2025. These resources are essential to support their work in empowering local communities across the country.

Afterwards, things got a little cheeky at the infamous bus shelter !





## **Public Participation Network Cork County**

### Upcoming Training Opportunities

## **4 November 2024 - Planning for 2025 for Cork County PPN Members**

Creating a plan might sound scary but putting in place a practical plan for your projects, fundraising and organisation over the next year makes you much more likely to achieve your goals.

#### **Time & Location**

04 Nov 2024, 19:00 – 21:00 GMT

Zoom

#### **About the Programme: Planning for 2025 for Cork County PPN**

Creating a Plan might sound scary but putting in place a practical plan for your fundraising, projects and organisation for the next year makes you much more likely to achieve your goals.

This workshop will walk you through the key steps to creating a practical, realistic plan that you can achieve in 2025 (and help you avoid some of the big mistakes)

#### **We'll cover:**

Setting goals

Being clear on your chosen direction

Diversifying income - corporate, events, online, grants, appeals etc

Planning your projects and timelines

Adapting to change

<https://www.academystreetworkshop.com/events/planning-for-2025-for-cork-county-ppn-members>



# Public Participation Network Cork County

## 9 October 2024 - Fundraising Fundamentals for Cork County PPN

An introduction to fundraising for community groups and nonprofit members of Cork County PPN

### Time & Location

09 Oct 2024, 19:00 – 21:00 GMT

Zoom

**About the Programme: Fundamentals of Fundraising for Members of Cork County PPN**

### We'll cover:

The basic tools of fundraising

Crafting your fundraising ask

Breaking away from bucket collections and looking at the wide variety of fundraising methods available to you.

The role of everybody in fundraising.

Donor Care

<https://www.academystreetworkshop.com/events/fundraising-fundamentals-for-cork-county-ppn>

**Both these trainings are kindly being offered by Kevin Delaney**

Kevin has over 16 years experience working with and for nonprofit organisations in Ireland, New Zealand and across the world. He has an in-depth knowledge of the theory and practice of fundraising combining 10 years of delivering fundraising training with hands-on experience of community fundraising, volunteer management, direct marketing and fundraising strategy.

Kevin has addressed fundraising conferences in Dublin, London, Amsterdam, Rome, Nashville & Oslo and is widely recognised as an engaging, knowledgeable and inspiring tutor. He holds a Diploma in Fundraising Management from Charities Institute Ireland and a Certificate in Fundraising from Chartered Institute of Fundraising UK.



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## **Brian Harvey Training Registration Form**

Cork City and Cork County PPNs are collaborating to provide our members, especially those interesting in taking up representative positions, with Capacity Building Training. This training will support PPN Representatives in both Local Authorities to ensure that they have the tools required to ensure that their voice is being heard at committee meetings.

### **Registration Mandatory**

[Brian Harvey Training - Registration Form \(jotform.com\)](https://jotform.com)

Tuesday 5th of November @ 6pm- In-person at "Vertigo", Floor 17, in County Hall

Thursday 7th of November @6pm - Online via Zoom



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## ***Mind yourself!***

### **Mental Health Month - Mental Health Ireland**

**October is Mental Health Month and this year's theme is "Prioritising Mental Health in the Workplace", so how will you engage with employees and show how you prioritise mental health at work? Mental Health Ireland is here to help!**

Throughout October, Mental Health Ireland is running the "Connect for Mental Health" campaign; we are providing many free and easy to use resources at work to support and engage employees. Below are links to free resources and flyers to send to your employees and visit our microsite to learn more. <https://bit.ly/MentalHealthMonth24>

They are offering a free and accessible live webinar with their expert trainers every day of the month, including weekends and bank holidays, to enable employees to sign up at the best time for them.

This is completely free to everyone. Register for the Five Ways of Wellbeing webinar: [Eventbrite](#)

- Mental Health Ireland we are asking companies to connect with employees and organise fundraising activities at work. To set up a fundraiser click here: [set up a fundraiser](#). Anyone who registers a fundraiser gets a T-shirt, if you are organising a larger fundraiser, contact Mental Health Ireland to discuss how they can support you with materials to make the event a success.
- Finally, consider organising a 'Connect Café', a coffee morning with a structure discussion, to fundraise and start a conversation around mental health, find an easy set up guide here. [Download the Connect Café toolkit](#).





## Public Participation Network Cork County

### Group of the Week

We had the pleasure of meeting Peter Cox from Family Carers Ireland at our Carrigaline MD Plenary. We so appreciated everything he had to say about the challenges facing Carers, so we asked him to do a write for us :

[www.familycarers.ie](http://www.familycarers.ie)  
Freephone Careline  
1800 24 07 24

Family Carers Ireland  
No one should have to care alone

#### Family Carers Ireland

Family Carers Ireland is *the* national charity supporting the 500,000+ family carers across the country who care for loved ones such as children or adults with additional needs, physical or intellectual disabilities, frail older people, those with palliative care needs or those living with chronic illnesses, mental health challenges, or addiction. It provides a range of services and supports for family carers through its Carer Support Centres nationwide and through its National Freephone Careline 1800 24 07 24. See [www.familycarers.ie](http://www.familycarers.ie) for more information.

Follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [LinkedIn](#).

Here in Cork our office is in 9 Tuckey Street, and we provide a range of support for family carers such as information on entitlements, drop-in service, help line, support groups, counselling, advocacy e.g. fighting your corner, practical training & Learning, Emergency Respite, Care planning, Peer support, Social Activities, membership (with over 100 +discounts) National help line.

Family Carers Ireland Want Family Carers to know they have the support they need to care safely, to make it less of a battle and to know they are not alone.

Caring can be a very isolating and lonely task; family carers often suffer from poor health themselves due to their caring role. The lack of supports such as, information, day centre, respite, home care, speech language, housing, transport, school support for children or young adults with special needs etc, make the role more stressful and difficult.

Often, it's difficult to get carers to identify themselves as carer and there are many reasons for this some culturally, we look after our own, or they are my Dad, Mum, brother, sister, Partner husband, wife etc. Not forgetting of course some don't see themselves as a family carer



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because they do not receive the Carers allowance even though most family carers don't receive the carers allowance for one reason or another mainly because it's a means tested payment.

Family Carers Ireland works to promote awareness around the work of family carers, it lobbies to seek recognition supports and services for family carers and for the commitment they make to their loved ones, family, community and economy. Family carers save the state €20 Billion per year (equivalent to a 2<sup>nd</sup> HSE)

Family Carers Ireland see the PPN as an opportunity for representation of the organisation to link in with and work in partnership with other community groups to promote the work and issues that the 20,000 family carers in Cork city and County encounter while providing care for their loved one at home. It will help create awareness, identify carers and highlight the work and supports needed to support the Family Carer to care for their loved ones in their own home and communities.

### **Some stats about family carers**

There are approximately 500,000 family carers in Ireland

61% Female

39% Male

72% of carers have never received respite

20,000 Family carers in Cork

19 million hours of care delivered by family carers each week

Family Carers save the state €20 Billion per year

57% of family carers juggle paid work with Care

39% of carers live in households with a total income of less than €30,000

69% of carers find it difficult to make ends meet.

29% struggle financially are cutting back on essentials such as food and heat

Our office is based at 9 Tuckey Street, Cork ph 0214806398 / 0861727169 email [pcox@familycarers.ie](mailto:pcox@familycarers.ie)

**Many thanks**

**Peter Cox**

**Carers Support Manager - Community**